

A YEAR IN



Tourettes Syndrome (TS)

What you should know

Tourette Syndrome is a neurological condition characterised by involuntary movements and sounds, known as tics. It affects around 1 in every 100 school children. Alongside tics you will often find ADHD, OCD, learning disabilities and many other conditions. TS is a lifelong condition.

What we do at T.I.C.

Support and Awareness,

We offer support, and advice at our drop in, online and over the phone. **Deliver** awareness talks to schools and health/children's services. **Work** together to help encourage acceptance and social interactions. **Organise** monthly support groups and additional activities.

Time truly does fly

Happy 1st birthday to us!

It is hard to believe that a year has gone by since we signed the constitution and TIC was born. We have already achieved more than we had dreamed we would, and the path to awareness is right on our doorstep. A big thank you to all our members for your ongoing support.



*Welcome to T.I.C.
(Tourettes-Syndrome)*

TEDDY TIC HAS GONE ON HIS TRAVELS

First stop was Herts, Beds & Bucks

We packed Teddy TIC's bag and sent him off on an adventure. He will be staying with different families who are all on their own journey with TS. We hope that by sharing their story they will be able to help others along the way.

A YEAR ON AND WHAT WE HAVE ACHIEVED

We have delivered talks to 11 schools, 1 academy of pastoral support and 1 academy of SEN teachers. We have provided awareness of TS to 191 teachers, having at least 1 person knowledgeable of TS in 17 schools across Hull, Yorkshire and Lincs. This averages out to 1 school every other week of the academic year.

Although we are proud of what we have achieved so far this year, we have only reached 3% of the schools in our area.



This year our online members have increased by 50% taking us to 263.

A BIG THANK YOU

TO THOSE MEMBERS WHO GO THE EXTRA MILE XX

A few people who have helped make this year possible.

Beverley, without you there would be no us #thedreamteam

TIC mamma Susan, for everything you do! Luke and Beth for joining the talk team, hopefully we will get you working hard over the next year. Gary for the fundraising.

The Trustees of course, and the groups in the community who have helped along the way. Tracy, Carole and Linden for having our back. And special thanks to Elizabeth Hall who is the reason TIC became my dream.

You can find us on

Facebook - TIC (Hull) Tourettes Syndrome

Webpage - www.tic-yorkshire.co.uk

Twitter - @TICYorkshire

Instagram - @tichullyorkshire

Helping to create a future of acceptance and understanding for those living with Tourette Syndrome.